

# NEW YORK SOUTH ASSEMBLY AREA

P.O. Box 30, Radio City Station, New York, NY 10101



## Speak-Easy

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Summer 2018 / July - September  
nysaafg.org



### The Officers and Coordinators of Panel 57

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The *Speak-Easy* will be published four (4) times a year:

The **Fall** edition (October, November and December), and will ready for the September AWSC, and the October Assembly.

The **Winter** edition (January, February and March), to be ready for the January AWSC, and the February Assembly.

The **Spring** edition (April, May and June), will be ready for the AWSC in March, and the Assembly in April.

The **Summer** edition (July, August and September), will be ready for the May AWSC, and the June Assembly.

#### Dates for 2018:

**AWSC** = Sunday, January 7 / Sunday, March 4 / **Sunday, May 6** / Sunday, September 16

**Assembly** = Sunday, February 4 / Sunday, April 8 / **Sunday, June 10** / Sunday, October 21

**ABSOLUTE DEADLINE FOR FALL ISSUE ARTICLES = AUGUST 12<sup>th</sup>, 2018**



**\*\* DISCOVERY 2018 \*\***

*Recovery Through Discovery*  
**Friday, August 24 – Sunday, August 26**



**Al-Anon's International Convention 2018**

*Celebrating One Day at a Time*

**Friday, July 6 – Sunday, July 8, 2018**

## Thoughts From Our Officers



### Area Delegate / Taaj J.

The World Service Conference is upon us, and "There is no standing still". Delegates, Trustees, and World Service Office Staff will be coming to Westchester, NY to gather and take great care in guarding the Traditions and Concepts of service, as well as the principles of Al-Anon for one week, April 15-21. New Panel 58 members will be mentored by those who have gone before. Many discussions will take place and those will be shared in the Area following the Conference.

In the Assembly preceding the conference, and by this printing, we will have had a Trustee come to visit our Area, to share experience, strength and hope of her own, as well as to lead the group in a workshop about spirituality in money matters.

The 2019 TEAM event, has been brought to committee which now has a chair.

The support to Area 62, Puerto Rico, which was wiped out by a catastrophe, was supported by our Area in literature donations. Individual members are carrying on this effort, through our Area Treasurer.

I am looking forward to June, when I have the opportunity to bring back love gifts from the conference for all GR's, as well as a report of the delights in visiting Stepping Stones, Bill and Lois Wilson's home, and a report of the vitality of our beautiful fellowship.



### Alternate Delegate / Emily D-C.

Al-Anon Area service work tends to slow down in the summer (unless you're busy planning Al-Anon conventions!)

This year, I'll be heading to Baltimore for Al-Anon's International Convention from July 6-8th. I look forward to seeing many of you there, or at our Area Discovery Convention, August 24-26th.

Both conventions offer the chance to connect with members we know and to make new friends who share this miraculous journey of recovery.

Al-Anon conventions are also a place to practice having fun — something our Conference Approved Literature highlights in this passage from *Hope for Today*, p. 345:

"One of the many miracles of recovery is that I can take my fun with me wherever I go!  
All I need to do is make a plan without anticipating the outcome."

*"Today I know that part of my recovery is respecting my need and my right to let go and relax." ...In All our Affairs, p. 149.*

Whatever we choose to do this summer, I hope it includes a healthy dose of relaxation, self-care, fellowship and fun!

## Around the Area

### Discovery Coordinator 2018 / Dianne F.

The committee is working really hard to put together the convention on August 24 – 26. Our theme is **Recovery through Discovery**, and the topics will be the Al-Anon literature.

I went to a food tasting with our Food Chairperson, Amy. The food that she was offered for the banquet is really good and mouthwatering. They even had steak that was absolutely delicious, and the hotel said that they would give it to us for the same price. The steak has officially been added to the choices for the banquet. It will be served either medium rare, medium, or well done.

Registration forms have gone out to the groups. Again, **new** this year, we will be registering directly with the hotel for the room at a flat rate of \$139.00 plus tax per night, with up to four [4] people in a room.

*1 person = \$139.00 / 2 people = \$65.50 / 3 people = \$43.333 / 4 people = \$34.75*

These figures are before tax is added, and per night. **Do not** forget to register for the convention. You can download the registration form and mail it in.

The new books: *Intimacy in Alcoholic Relationships*, and the 50<sup>th</sup> Anniversary Edition of *One Day At A Time*, and the new pamphlet: *Hope and Understanding for Parents and Grandparents*; that are being introduced at the International Convention in July, will be at our Discovery Convention in August.

If you would like to be part of our committee, we would love to have you come aboard. There are still three [3] positions available; Co-Coordinator, Program, and Raffles.



*We're going to  
Discovery.*

*Are You?*



Alateens at a Summer Event

**Alateen Coordinator / Gerry L.:**

**Good News!** We have a new AAPP (Area Alateen Process Person), Lynne M, from Long Island. She has begun the process of getting the recertifications, new certifications and background checks, where required completed.

AMIAS (Al-Anon Members Involved in Alateen Service) trainings have taken place in New York City on February 24, and will take place in Ulster County on April 28 and in Westchester / Rockland on May 10.

Alateen is the one safe place many teens facing alcoholism in a family member or friend can go. Please share the gift of the program with the teens in your life. As one teen recently said, *“Serenity means being free of the need to defend who or what I am. It means being free from unpleasant change and muddled thoughts. It does not mean the absence of problems, just the ability to cope with them peacefully.”*

Be sure to check out the Alateen program page at: [al-anon.org/newcomers/teen-corner-alateen/](http://al-anon.org/newcomers/teen-corner-alateen/), as well as the Twitter page at: [twitter.com/Alateen\\_WSO](https://twitter.com/Alateen_WSO).

Share the hope.

**P.O. Box Coordinator / Arthur S.:**

I continue to visit the PO Box on an almost-weekly basis. We average about 10 - 15 pieces of mail per week. I forward this mail to the Area Treasurer. I also use these visits as an excuse to go walkabout in Manhattan once a week, and to attend a meeting there.

**Website Coordinator / Marcy E.:**

Greetings to all, in service. I am grateful for the opportunity to serve as the new NYSA Website Coordinator. My term began in mid-2017.

After familiarizing myself with the existing website, I began updating the site for the remaining Area Committee and Assembly meetings in 2017. It soon became obvious that many of the site's features were out of date and cumbersome to update. With the help of Rich B., District Representative for Dutchess County, we built a brand-new site, keeping the important features from the old site, and adding information important to members in NYSA along with contemporary graphics borrowed from WSO's website.

Visitors to the old site will be automatically redirected to the new site, [www.nysaafg.org](http://www.nysaafg.org). One big change is that we will no longer be posting officers' and coordinators' service reports on the website, although they will still be circulated via email, as they always have been.

We are looking into an effective way to share and archive these important reports digitally. I welcome members' feedback on their experience with the new website.

**District 18/19 / District Representative / Arthur S.:**

District 18/19 continues to meet on a regular basis at approximately 2 month intervals. In February our district hosted an Anonymity Workshop that provided CAL (Conference Approved Literature) concerning the concept of anonymity, as well as time for shares and discussion. This was a productive exercise that can serve as a foundation for further investigation of Anonymity, both personally and in terms of the overall fellowship.

## **The Steps, Traditions, and Concepts**

*July [7] / August [8] / September [9]*

### **Steps:**

- 7 Humbly asked Him to remove our shortcomings.
- 8 Made a list of all persons we had harmed, and became willing to make amends to them all.
- 9 Made direct amends to such people wherever possible, except when to do so would injure them or others.

### **Traditions:**

- 7 Every group ought to be fully self-supporting, declining outside contributions.
- 8 Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
- 9 Our groups as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

### **Concepts:**

- 7 The Trustees have legal rights while the rights of the Conference are traditional.
- 8 The Board of Trustees delegates full authority for routine management of Al-Anon Headquarters to its executive committees.
- 9 Good personal leadership at all service levels is a necessity. In the field of world service the Board of Trustees assumes the primary leadership.

### **The Al-Anon Declaration**

**Let it begin with me**

When anyone, anywhere  
reaches out for help,  
let the hand of Al-Anon and Alateen  
always be there, and --  
**Let it begin with me.**

